



People for development

## CARE

**(Comprehensive solutions for increased Access to mental health Rooted in communities and Enhancing public services)**

2020 - 2023

Carried out by AVSI Rwanda in collaboration with its action partners (Neuropsychiatric hospital of Ndera and University of Rwanda through its mental health department). This project's activities are based in Gicumbi district and Nyanza district under the funds of Fondation d'Harcourt and also in Gatsibo district under the funds of EKFS. The project aims to enhance the resilience of people with MNS conditions and of their families through a community-based approach.

### Activities

- Adaptation of the mhGAP component
- Training of staff in mhGAP
- Preparation of clinical and administrative supervision
- Ensuring Clinical and Administrative Supervision
- Improve Access to Psychological Interventions
- Providing treatment and care for people with mental health problems
- Raising awareness of stigma reduction for people with mental health problems
- Delivery of prevention and promotion programs that integrate mhGAP into maternal and child health care and chronic illness care



- Follow-up visits for people with mental health problems, their caregivers and families
- Helping people with mental health problems find employment or productive work to develop new skills
- Conducting Participatory Action Research

### Objectives

- To support the development of competent, sensitive and adequate human resources to provide mental health services and reduce stigma and discrimination at family, school and community level
- To foster equitable access to affordable and comprehensive mental health and social care services in community-based settings
- Strengthening and empowering people with mental health and psychosocial disorders through the development of psychosocial support systems that will build community resilience and help people cope



### Areas involved

**3 Districts**

Nyanza, Gicumbi, and Gatsibo



### Beneficiaries

**719** people at risk or with a mental health disorder, **400** teen-mothers with their children



### Budget

**660,311 €**

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